Salmon Dependent Community Sustainability and Well-Being Breakout Session

More than 20 people participated in the breakout session: Community Sustainability and Well-Being. Participants shared perspecti es and ideas !rom across salmon dependent "laska communities including #ing Co e\$Cordo a\$St. Paul\$Bethel and se eral more !rom southeast\$Bristol Bay\$the "leutian %lands and along the &ukon ' i er. (enerally speaking\$) uestions guiding group discussion included:

- *. What does +ell-being look like,
- 2. What challenges do +e !ace to ensure +ell-being in salmon-dependent communities,
- -. 'ecommendations !or change: What opportunities and solutions e. ist to a!!ect positi e change and enhance +ell-being,

(i en the large group si/e\$ participants broke into three smaller @sub1groups to enhance dialogue and ensure input !rom all members. "Ithough each group discussion took its o+n speci!ic direction\$ salient themes emerged across subgroups. 2laborated on more !ully belo+\$ key themes centered on the importance o!:

- %nter-generational kno+ledge\$learning and engagement +ith salmon
- #eeping !ishing rights and li elihoods in "laska\$ and especially in rural and salmon dependent communities
- 3ocal participation\$ input and po+er in decision-making processes and resource management
- 4ealthy salmon !isheries\$ ecosystems and !ood systems\$ including ability to address climate change and other impacts5 and manage the resource and sustainable har est le els amidst drastic state budget cuts
- 1. What does well-being look like?

Social and Community Dimensions

- 4ealthy Salmon 6 4ealthy Communities
- Counter to +ell-being 6 7 orced assimilation
- Strong community !oundations: schools\$ gathering places\$ in!rastructure
- 8aking care o! elders in community (not fust physically)
- 4appy\$healthy homes:households
- Sale en ironment lor lamilies lemotional physical1
- Celebrating culture
- ; alues in actions: respect\$ community\$ elders\$ e. periential learning\$ language
- Sense o! cultural pride\$ con!idence

Physical Dimensions

- 7ull !ree/er or !ull smoke-house
- Mental health 0trauma\$ nutrition\$ itamin <1
- Physical health land caring about onesel!1
- Mo ement through landscape land ability to adapt to changes1
- %ncreased access to landscape\$!ood @transport\$ tools\$ gear1

Knowledge and Learning

• "laskans teaching in "laska\$ returning home to contribute to community

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- 7unding !or monitoring:accurate management: kno+ledge and understanding !rom biology:ecology
- Some big things are beyond our immediate control (e.g. climate changes) ocean temperatures etc.1
- Wild s hatchery !ish: competition !or resources
- Wide di!!erences in salmon returns to speci!ic regions
- 3ocal:82# is o!ten not considered
- More demands on the resource than in the past\$ need balance bet+een users

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- Making salmon a priority 0e.g. school e.ample in S+eden1
- Build !rom historic kno+ledge o! other regions\$ states\$ countries to achie e best understanding o! salmon and ho+ to alue salmon and =get> salmon right. =We can learn !rom the mistakes o! the 3o+er-IJ.>

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