



- ◁ A substitute shall be subject to the authority and jurisdiction of the referees whether called upon to play or not.

#### Time Limitations:

- ◁ Game time is game time. If a team is not ready for play within ten (10) minutes the game is forfeited. One point will be given to the opposing team for every three (3) minutes your team does not meet the minimum requirement.
- ◁ Two (2) seventeen (17) minute running clock halves, with a three (3) minute half-time.

#### Kick-ins:

- ◁ When the ball crosses entirely over the touchlines it shall be kicked back into the game, in any direction, from the place where it crossed the touchline by a player of the opposing team to that of the player who last touched it. The ball must be stationary on the touchline, before being kicked in.
- ◁ The kicker cannot play the ball a second time until it has been touched by a player.
- ◁ The players of the opposing team must be at least five (5) meters away from the spot where the kick-in is being taken.

#### Free Kicks, Goalie Throws and Corner Kicks:

- ◁ A goal can be scored against the offending team on a direct free kick.
- ◁ A goal cannot be scored unless the ball has been played or touched by a player other than the kicker before passing through the goal on an indirect free kick.
- ◁ A shot on goal received saved by the goalkeeper can be thrown or rolled directly into play beyond the penalty area, from a point within the penalty area, by the goalkeeper. The throw must not go past half-court without first touching another player or the court on the goalkeeper's half of the field. A goal cannot be scored from this throw.
- ◁ When the ball crosses over the goal line, having been played last by the defending team, a member of the attacking team shall kick the ball at the nearest corner. A goal may be scored from such a kick.
- ◁ A goalkeeper has three (3) steps to put the ball in play, once they have picked up the ball. A keeper cannot bounce the ball or put it down and pick it up again - resulting in an indirect free kick.
- ◁ Goalies can take 3 steps with the ball and must release it within six (6) seconds.

#### Penal Offenses:

- ◁ The following will result in a direct free kick:
    - Charging an opponent violently or dangerously
    - Charging an opponent from behind
    - Handling the ball
    - Holding an opponent
    - Striking or attempting to strike an opponent
    - Pushing an opponent
    - Tripping an opponent
    - Kicking or attempting to kick an opponent
    - Jumping at an opponent
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- Slides attempting to play the ball, touching an opponent or not (sliding tackle)
  - < A penal offense by the defense in their own penalty box will result in a penalty kick.
  - < Malicious penal offenses may result in a yellow card; repeated offenses may result in a red card which is an automatic ejection.
  - < Penalty kicks will be taken from the top of the penalty arc.
  - < Penalty Kicks:
    - < After each half, the teams immediately go to penalty kicks. Penalty kicks are taken at the same goal toward which each team was attacking.
    - < Both teams take their allotted penalty kicks at the same time.
    - < One penalty shot will be awarded for each foul and/or infraction.
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Based on eligibility - must be announced prior a-20(m)4e trbefrrtms tTms3( )JTJET@0.00000912 0 612 792 reW\* nBT/F3 1

